

Armando F. Vidal, MD

The Steadman Clinic
181 W. Meadow Drive, Suite 400
Vail, CO 81657
(970) 401-8946

1. PRESENT ACADEMIC RANK / POSITIONS

- | | |
|---------------------------|---|
| May 2019 – Present | Attending Surgeon
The Steadman Clinic
Vail, CO |
| May 2019 – Present | Clinical Associate Professor
Department of Orthopaedics
University of Colorado Denver School of Medicine |

2. PAST ACADEMIC RANK / POSITIONS

- | | |
|------------------------------|---|
| November 2018 – 2019 | Executive Vice Chair
Department of Orthopaedics
University of Colorado Denver School of Medicine |
| May 2017 – 2019 | Head Team Physician
Denver Nuggets Basketball |
| July 2013 – 2019 | Associate Professor
Sports Medicine & Shoulder Service
Department of Orthopaedics
University of Colorado Denver School of Medicine |
| September 2006 – 2013 | Assistant Professor
Sports Medicine & Shoulder Service
Department of Orthopaedics
University of Colorado Denver School of Medicine |
| September 2006 – 2017 | Head Team Physician
University of Colorado Buffaloes
Men's Basketball
University of Denver Pioneers
Co-Head Team Physician
Men's Ice Hockey |

2015 – 2019 **Associate Fellowship Director,**
University of Colorado School of Medicine
Department of Orthopedics, Sports Medicine Fellowship

2011 – 2013 **Surgical Director, Sports Medicine Program**
Children’s Hospital Colorado

3. EDUCATION

August 1993 – June 1995	Bachelor of Science , Major : Biology University of Miami Honors Program in Medicine (Degree conferred July 1998) Miami, FL
August 1995 – May 1999	M.D. , University of Miami School of Medicine Miami, FL
June 1999 – June 2000	Internship , General Surgery The New York Presbyterian Hospital, Cornell University Medical Center New York, NY
July 2000 – June 2004	Residency , Orthopaedic Surgery Hospital for Special Surgery New York, NY
August 2004 – July 2005	Fellowship , Sports Medicine & Shoulder Surgery University of Pittsburgh Medical Center Pittsburgh, PA

4. HONORS & AWARDS:

2004	Jean C. McDaniel Resident Teaching Award – Hospital for Special Surgery
2012	Aircast Award for Clinical Science : American Orthopedic Society for Sports Medicine
2015	Herodicus Award – July 2015 – (MOON Knee Group)
2011	Charles Neer Clinical Science Award (MOON Shoulder Group)
2013	Charles Neer Clinical Science Award (MOON Shoulder Group)
2014	O’Donoghue Sports Injury Award (MARS Group)
2017	O’Donoghue Sports Injury Award (MOON Knee Group)
2012-19	5280 “Top Docs” – Orthopedic Sports Medicine

5. PROFESSIONAL SOCIETIES:

AAOS, American Academy of Orthopedic Surgeons
 AOSSM, American Orthopedic Society for Sports Medicine
 AOA, American Orthopedic Association
 ISAKOS – International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine
 ICRS – International Cartilage Regeneration & Joint Preservation Society
 NBAPA, NBA Physician’s Association (2017-2019)
 AMA, American Medical Association
 WOA, Western Orthopedic Association
 Alpha Omega Alpha Medical Honor Society
**Multicenter Orthopedics Outcome Network (MOON) Research Study Group –
 Knee & Shoulder**

6. COMMITTEE & SERVICE RESPONSIBILITIES:

Active

National:

2018 – Present American Orthopedic Society for Sports Medicine – Board Member
 at Large
 2012 – Present American Academy of Orthopedic Surgeons – Sports Medicine
 Program Committee

Departmental / Hospital

2010 – 2019 Chair - Finance Committee, University of Colorado Denver School
 of Medicine, Department of Orthopedics
 2014 – 2019 UPI Strategy Committee
 2014 – 2019 Executive Committee, University of Colorado Denver School
 of Medicine, Department of Orthopedics

Past Committee Appointments:

National

2010 – 2013 American Orthopedic Society for Sports Medicine – Council
 of Delegates, Colorado Representative
 2007-2011 American Orthopedic Society for Sports Medicine –
 Technology Committee
 2008-2010 American Orthopedic Society for Sports Medicine – Youth
 Sports Safety
 2008-2012 American Orthopedic Society for Sports Medicine – STOP
 Steering Committee
 2011 - 2017 American Orthopedic Society for Sports Medicine –
 Enduring Education Committee
 2012 - 2017 American Orthopedic Society for Sports Medicine – Self-
 Assessment Exam

Departmental / Hospital

2010 – Present Chair, Finance Committee, University of Colorado School of
 Medicine, Department of Orthopedics
 2013 – Present Executive Committee, University of Colorado School of
 Medicine, Department of Orthopedics
 2009 - 2010 Transparency Committee, University of Colorado School of

2008 - 2011

Medicine, Department of Orthopedics
COMIRB - Colorado Multiple Institution Review Board –
Panel Member

ABBREVIATED BIBLIOGRAPHY (2016-2020):

Peer Reviewed Journals:

1. Magnussen RA, Reinke EK, Huston LJ; **MOON Group**, Hewett TE, Spindler KP . Factors Associated With High-Grade Lachman, Pivot Shift, and Anterior Drawer at the Time of Anterior Cruciate Ligament Reconstruction.. *Arthroscopy*. 2016 Jun;32(6):1080-5
2. Patel KV, Bravman J, **Vidal A**, Chrisman A, McCarty E. Biceps Tenotomy Versus Tenodesis.. *Clin Sports Med*. 2016 Jan;35(1):93-111
3. Brophy RH, Haas AK, Huston LJ, Nwosu SK; **MARS Group**, Wright RW . Association of Meniscal Status, Lower Extremity Alignment, and Body Mass Index With Chondrosis at Revision Anterior Cruciate Ligament Reconstruction.. *Am J Sports Med*. 2015 Jul;43(7):1616-22
4. Dunn WR, Kuhn JE, Sanders R, An Q, Baumgarten KM, Bishop JY, Brophy RH, Carey JL, Harell F, Holloway BG, Jones GL, Ma CB, Marx RG, McCarty EC, Poddar SK, Smith MV, Spencer EE, **Vidal AF**, Wolf BR, Wright RW, MOON Shoulder Group. **2013 Neer Award Winner** : Predictors of Failure of Nonoperative Treatment of Chronic, Symptomatic, Full-Thickness Rotator Cuff Tears. *J Shoulder Elbow Surg*. 2016 Aug 25 (8): 1303-11 PMID 27422460
5. Mitchell JJ, Mayo MH, Axibal DP, Kasch AR, Fader RR, Chadayammuri V, Terhune EB, Georgopolous G, Rhodes JT, **Vidal AF**. Delayed Anterior Cruciate Ligament Reconstruction in Young Patients with Previous Anterior Tibial Spine Fractures. *Am J Sports Med*. 2016 Aug; 44 (8): 2047-56. PMID 27159316
6. **MARS Group**. Meniscal and Articular Cartilage Predictors of Clinical Outcome after Revision Anterior Cruciate Ligament Reconstruction. *Am J Sports Med*. 2016 Jul 44(7): 1671-9. PMID 27161867
7. Kraeutler MJ, Wolsky RM, **Vidal AF**, Bravman JT. Anatomy and Biomechanics of the Native and Reconstructed Anterior Cruciate Ligament : Surgical Implications. *JBJS – Am*. 2017 March 1; 99 (5); 438-445. PMID 28244915
8. Mayo MH, Mitchell JJ, Axibal DP, Chahla J, Palmer C, **Vidal AF**, Rhodes JT. Anterior Cruciate Ligament Injury at the Time of Anterior Tibial Spine Fracture in Young Patients : An Observational Cohort Study. *J Pediatr Orthop*. 2017 May 17 (Epub ahead of Print) PMID 28520678
9. Khodae M, **Vidal AF**, Gutierrez G. Dimple on the Shoulder after a Ski Injury : Image Challenge. Khodae M, et al. *Emerg Med J Month* 2017 (*In Press*)

10. **MARS Group**, Subsequent Surgery After Revision Anterior Cruciate Ligament Reconstruction: Rates and Risk Factors From a Multicenter Cohort. *Am J Sports Med.* 2017 May 1;363546517707207. doi: 10.1177/0363546517707207. PMID 28557557
11. **MARS Group** Surgical Predictors of Outcome After Revision Anterior Cruciate Ligament Reconstruction. *Am J Sports Med.* 2017 Sep;45(11):2586-2594. PMID: 28696164
12. Houck D, Kraeutler MJ, **Vidal AF**, McCarty EC, Bravman JT, Wolcott ML, **MOON Knee Group**. Variance in Anterior Cruciate Ligament Reconstruction Graft Selection based on Patient Demographics and Location within the Multicenter Orthopaedic Outcomes Network. *J Knee Surg.* 2018 May;31(5):472-478. PMID: 28701007
13. Kaeding CC, Pedroza AD, Reinke EK, Huston LJ, Hewett TE, Flanigan DC; **MOON Knee Group**, Spindler KP. Change in Anterior Cruciate Ligament Graft Choice and Outcomes Over Time. *Arthroscopy.* 2017 Nov;33(11):2007-2014. PMID:28847572
14. **MARS Group**, Risk Factors and Predictors of Significant Chondral Surface Change From Primary to Revision Anterior Cruciate Ligament Reconstruction: A **MOON** and **MARS Cohort Study**. *Am J Sports Med.* 2018 Mar;46(3):557-564. PMID:29244532
15. **MOON Knee Group**, Spindler KP, Huston LJ, Chagin KM, Kattan MW, Reinke EK, Amendola A, Andrish JT, Brophy RH, Cox CL, Dunn WR, Flanigan DC, Jones MH, Kaeding CC, Magnussen RA, Marx RG, Matava MJ, McCarty EC, Parker RD, Pedroza AD, **Vidal AF**, Wolcott ML, Wolf BR, Wright RW. Ten-Year Outcomes and Risk Factors After Anterior Cruciate Ligament Reconstruction: A **MOON** Longitudinal Prospective Cohort Study. *Am J Sports Med.* 2018 Mar;46(4):815-825. PMID:29543512
16. Welton KL, Kraeutler MJ, McCarty EC, **Vidal AF**, Bravman JT. Current pain prescribing habits for common shoulder operations: a survey of the American Shoulder and Elbow Surgeons membership. *J Shoulder Elbow Surg.* 2018 Jun;27(6S):S76-S81. PMID:29249547
17. **MARS Group**, Physiologic Preoperative Knee Hyperextension Is a Predictor of Failure in an Anterior Cruciate Ligament Revision Cohort: A Report From the **MARS Group**. *Am J Sports Med.* 2018 Oct;46(12):2836-2841. PMID:29882693
18. Jacobs CA, Peabody MR, Lattermann C, Vega JF, Huston LJ, Spindler KP; **MOON Knee Group**, Amendola A, Andrish JT, Brophy RH, Dunn WR, Flanigan DC, Jones MH, Kaeding CC, Marx RG, Matava MJ, McCarty EC, Parker RD, Reinke EK, Wolcott ML, Wolf BR, Wright RW, **Vidal AF**. Development of the **KOOS**global Platform to Measure Patient-Reported Outcomes After Anterior Cruciate Ligament Reconstruction. *Am J Sports Med.* 2018 Oct;46(12):2915-2921. PMID:30074823
19. Magnussen RA, Reinke EK, Huston LJ; **MOON Knee Group**, Hewett TE, Spindler KP, Amendola A, Andrish JT, Brophy RH, Dunn WR, Flanigan DC, Jones MH, Kaeding CC, Marx RG, Matava MJ, Parker RD, **Vidal AF**, Wolcott ML, Wolf BR, Wright RW. Effect of High-Grade Preoperative Knee Laxity on 6-Year Anterior Cruciate Ligament Reconstruction Outcomes. *Am J Sports Med.* 2018 Oct;46(12):2865-2872. PMID:30193087

20. Kraeutler MJ, Houck DA, Carver TJ, Bravman JT, **Vidal AF**, McCarty EC. Demographics and Clinical Outcomes of Patients Undergoing Anterior Cruciate Ligament Reconstruction with a Planned or Unplanned Hybrid Graft. *J Knee Surg.* 2018 Nov 16. doi: 10.1055/s-0038-1675785. PMID: 30449020
21. Moeller EA, Houck DA, McCarty EC, Seidl AJ, Bravman JT, **Vidal AF**, Frank RM. Outcomes of Arthroscopic Posterior Shoulder Stabilization in the Beach-Chair Versus Lateral Decubitus Position: A Systematic Review. *Orthop J Sports Med.* 2019 Jan 24;7(1) PMID:30719483
22. Smith JR, Houck DA, Hart JA, **Vidal AF**, Frank RM, Bravman JT, McCarty EC. Five-Strand Hamstring Autografts for Anterior Cruciate Ligament Reconstruction: A Systematic Review. *Orthop J Sports Med.* 2019 Feb 22;7(2):2325967119826094
23. Axibal DP, Mitchell JJ, Mayo MH, Chahla J, Dean CS, Palmer CE, Campbell K, **Vidal AF**, Rhodes JT. Epidemiology of Anterior Tibial Spine Fractures in Young Patients: A Retrospective Cohort Study of 122 Cases. *J Pediatr Orthop.* 2019 Feb;39(2):e87-e90
24. Westermann RW, Spindler KP, Huston LJ; **MOON Knee Group**. Outcomes of Grade III Medial Collateral Ligament Injuries Treated Concurrently With Anterior Cruciate Ligament Reconstruction: A Multicenter Study. *Arthroscopy.* 2019 May;35(5):1466-1472
25. Salem HS, Axibal DP, Wolcott ML, **Vidal AF**, McCarty EC, Bravman JT, Frank RM. wo-Stage Revision Anterior Cruciate Ligament Reconstruction: A Systematic Review of Bone Graft Options for Tunnel Augmentation. *Am J Sports Med.* 2019 May 22:363546519841583
26. **MARS Group**. Rehabilitation Predictors of Clinical Outcome Following Revision ACL Reconstruction in the MARS Cohort. *J Bone Joint Surg Am.* 2019 May 1;101(9):779-786. doi: 10.2106/JBJS.18.00397. PMID: 31045665
27. **MARS Group**. Relationship Between Sports Participation After Revision Anterior Cruciate Ligament Reconstruction and 2-Year Patient-Reported Outcome Measures. *Am J Sports Med.* 2019 Jul;47(9):2056-2066. doi: 10.1177/0363546519856348. Epub 2019 Jun 21
28. **MARS Group**. Predictors of Patient-Reported Outcomes at 2 Years After Revision Anterior Cruciate Ligament Reconstruction. *Am J Sports Med.* 2019 Jul 18:363546519862279. doi: 10.1177/0363546519862279. PMID: 31318611
29. Westermann RW, Marx RG, Spindler KP, Huston LJ; **MOON Knee Group**, Amendola A, Andrish JT, Brophy RH, Dunn WR, Flanigan DC, Jones MH, Kaeding CC, Matava MJ, McCarty EC, Parker RD, Reinke EK, **Vidal AF**, Wolcott ML, Wolf BR. No Difference Between Posterolateral Corner Repair and Reconstruction With Concurrent ACL Surgery: Results From a Prospective Multicenter Cohort. *Orthop J Sports Med.* 2019 Jul 30. PMID:31431898

30. Smith JH, Houck DA, Kraeutler MJ, McCarty EC, Frank RM, **Vidal AF**. "Doctor, What Happens After My Meniscectomy?" *J Bone Joint Surg Am*. Sep 20, 2019. PMID: 31567671
31. Ramkumar PN, Tariq MB; MOON Knee Group, Amendola A, Andrish JT, Brophy RH, Dunn WR, Flanigan DC, Huston LJ, Jones MH, Kaeding CC, Kattan MW, Marx RG, Matava MJ, McCarty EC, Parker RD, **Vidal AF**, Wolcott ML, Wolf BR, Wright RW, Spindler KP. Risk Factors for Loss to Follow-up in 3202 Patients at 2 Years After Anterior Cruciate Ligament Reconstruction: Implications for Identifying Health Disparities in the MOON Prospective Cohort Study. *Am J Sports Med*. 2019 Oct 7. PMID 31589465
32. Mayo MH, Mitchell JJ, Axibal DP, Chahla J, Palmer C, **Vidal AF**, Rhodes JT. Anterior Cruciate Ligament Injury at the Time of Anterior Tibial Spine Fracture in Young Patients: An Observational Cohort Study. *J Pediatr Orthop*. 2019 Oct;39(9):e668-e673. PMID: 31503222
33. MOON Knee Group, Spindler KP, Huston LJ, Zajichek A, Reinke EK, Amendola A, Andrish JT, Brophy RH, Dunn WR, Flanigan DC, Jones MH, Kaeding CC, Marx RG, Matava MJ, McCarty EC, Parker RD, **Vidal AF**, Wolcott ML, Wolf BR, Wright RW. Anterior Cruciate Ligament Reconstruction in High School and College-Aged Athletes: Does Autograft Choice Influence Anterior Cruciate Ligament Revision Rates? *Am J Sports Med*. 2020 Feb;48(2):298-309. PMID: 31917613
34. Houck DA, Belk JW, **Vidal AF**, McCarty EC, Bravman JT, Seidl AJ, Frank RM. Outcomes of Arthroscopic Capsular Release in the Beach-Chair Versus Lateral Decubitus Position: A Systematic Review. *Orthop J Sports Med*. 2019 Dec 19;7(12):2325967119888173. PMID: 31903397
35. Morrissey CD, Houck DA, Jang E, McCarty EC, Bravman JT, Seidl AJ, Wolcott ML, **Vidal AF**, Frank RM. Sliding or Non-Sliding Arthroscopic Knots for Shoulder Procedures: A Systematic Review of Clinical Outcomes. *Orthopaedic Journal of Sports Medicine*. *Accepted*.
36. Ardizzone CA, Houck DA, McCartney D, **Vidal AF**, Frank RM. All-Inside Repair of Bucket-Handle Meniscus Tears: Clinical Outcomes and Prognostic Factors. *American Journal of Sports Medicine*. *Am J Sports Med*. 2020 Mar. PMID 32195594
37. Schumacher AN, Houck DA, **Vidal AF**, Wolcott ML, McCarty EC, Bravman JT, Frank RM. Do Older Skiers Have Worse Outcomes Following Anterior Cruciate Ligament Reconstruction Compared to Non-Skiers or Younger Skiers? *Orthopaedic Journal of Sports Medicine*. *Accepted*.
38. Cannizzaro CK, Schuette HB, Houck DA, Wolcott ML, **Vidal AF**, McCarty EC, Bravman JT, Frank RM. Sex-based Differences in Recurrence following Arthroscopic Shoulder Stabilization: A Systematic Review. *Arthroscopy, Sports Medicine, and Rehabilitation (ASMAR)*. *Accepted*.
39. Smith JH, Houck DA, Hart JA, Bravman JT, Frank RM, **Vidal AF**, McCarty EC. Staged Bilateral Total Shoulder Arthroplasty: A Systematic Review of Clinical Outcomes. *Shoulder and Elbow*. *Accepted*.

Book Chapters (ABBREVIATED 2016-2020)

1. **Sports Medicine.** Dahab KS, Nagle, KB, Coel RA, Hoang, QB, **Vidal AF.** In : Current Diagnosis and Treatment – Pediatrics 23rd Edition. McGraw Hill / 2016
2. **Injections in the Athlete.** Pytiak A, **Vidal AF,** Wolcott M. In : Netter’s Sports Medicine – 2nd Edition. Elsevier/ 2017
3. **Sports Medicine.** Dahab KS, Nagle KB, **Vidal AF.** In : Current Diagnosis and Treatment – Pediatrics 24th Edition. McGraw Hill / 2018
4. **Upper Extremity – Clavicle, SC and AC Joint Injuries in Athletes.** In : Advanced On and Off-Field Management of Sports-Related Fractures, Dislocations, and Trauma (*in press*). Springer 2019
5. **Crossfit Injuries** In : Advanced On and Off-Field Management of Sports-Related Fractures, Dislocations, and Trauma . (*in press*). Springer 2019
6. **ACL Graft Choices in the Female Athlete.** In: ACL Injuries in Female Athletes. (in Press) Elsevier 2019
7. **Meniscal Transplantation.** In : DeLee and Drez’s Orthopaedic Sports Medicine : Principles and Practices (In Press) Elsevier 2019
8. **Internal Impingement / SLAP Lesions.** In : Master Techniques in Orthopaedic Surgery : Sports Medicine, 2nd Edition. (In press) Wolters Kluwer 2019
9. **Microfracture.** In : Atlas of Essential Orthopaedic Procedures 2 (in press). Wolters Kluwer 2019
10. **Sports Medicine and Occupational Injuries.** In : Rheumatology Secrets. (In Press) Elsevier 2019
11. **Sports Medicine.** Dahab KS, Nagle, KB, Mayer SW, Hoang, QB, **Vidal AF.** In : Current Diagnosis and Treatment – Pediatrics 24th Edition. McGraw Hill / 2020 (In Press)
12. **Osteochondral Allograft Transplantation.** Frank RM, **Vidal AF:** Tanaka MJ, ed Surgical Insights: Sports Medicine Knee Surgery [online course]. Rosemont, IL American Academy of Orthopaedic Surgeons, 2020.